



Policy # 5.70

THE CALGARY JEWISH ACADEMY

BULLYING PREVENTION POLICY

ADOPTED: November 23, 2006

Amended: March 10, 2016

Amended March 8, 2017

Amended May 8, 2018

The Calgary Jewish Academy is responsible and committed to providing a welcoming, caring, respectful and safe learning environment that respects diversity and fosters a sense of belonging. Therefore, bullying of any kind will not be tolerated.

All members of the school community (staff, parents and students) have an obligation to work together to ensure a safe and orderly learning environment.

Implementation:

The school will provide programming and student events and activities that inform and support bullying awareness and character development.

This policy will apply to the following circumstances:

1. While in the school building or the school premises before, during or after school,
2. While on a bus or other forms of transportation as part of a school activity,
3. During any school function, extra-curricular activity or event, both on or off the school premises, including all off-site activities
4. When subject to the authority of the school.
5. The students conduct whether or not the conduct occurs in the school building, during the school day or digitally between students of the CJA, if injurious to the physical or mental health of others.

DEFINITION OF BULLYING:

Bullying is a deliberate action. Bullying is defined as repeated, hostile or demeaning behavior in the school community where the behavior is intended to cause harm, fear or psychological distress to one or more individuals in the school community. Bullying is a hurtful action where there is an abuse of power. Bullying is often repetitive. These actions are usually enjoyed by the



aggressor and can create a sense of being oppressed on the part of the target. Bullying takes on a number of forms including relational, verbal, physical and cyber bullying. Bullying can have a lasting psychological impact. Students, parents and staff should be aware that certain acts of bullying may be punishable by law.

Examples of Bullying Behaviours will include, but are not limited to:

Relational Bullying: <ul style="list-style-type: none"> • excluding • shunning • rejecting • isolating 	Verbal Bullying: <ul style="list-style-type: none"> • taunting • mocking • name-calling • intimidation
Physical Bullying: <ul style="list-style-type: none"> • hitting • pushing • kicking • gesturing 	Cyber Bullying Inappropriate or affecting the student's experience at the CJA <ul style="list-style-type: none"> • e-mailing • text messaging • photo sharing • 3-way calling

The attached Bullying Behaviours Chart is part of this policy on the prevention of bullying. The Discipline Policy 5.33 applies to all acts of bullying as described above and outlined on the Bullying Behaviours Chart.

BULLYING BEHAVIOURS CHART

MILD		MODERATE			SEVERE	
PHYSICAL AGGRESSION						
<ul style="list-style-type: none"> · pushing · shoving · spitting 	<ul style="list-style-type: none"> · kicking · hitting 	<ul style="list-style-type: none"> · defacing property · stealing 	<ul style="list-style-type: none"> · physical acts that are demeaning and humiliating, but not bodily harmful (eg. de-panting) · locking in a closed or confined space 	<ul style="list-style-type: none"> · physical violence against family or friends 	<ul style="list-style-type: none"> · threatening with a weapon · inflicting bodily harm 	
SOCIAL ALIENATION						
<ul style="list-style-type: none"> · gossiping · embarrassing 	<ul style="list-style-type: none"> · setting up to look foolish · spreading rumours about 	<ul style="list-style-type: none"> · ethnic slurs · setting up to take the blame 	<ul style="list-style-type: none"> · publicly humiliating (eg. revealing personal information) · excluding from group 	<ul style="list-style-type: none"> · maliciously excluding · manipulating social order to 	<ul style="list-style-type: none"> · threatening with a weapon · inflicting bodily harm 	

			· social rejection	achieve rejection · malicious rumour mongering	
VERBAL AGGRESSION					
· mocking · name calling · dirty looks · taunting	· teasing about clothing or possessions	· teasing about appearance	· intimidating phone calls	· verbal threats of aggression against property or possessions	· verbal threats of violence or inflicting bodily harm
INTIMIDATION					
· threatening to reveal personal information · graffiti · publicly challenging to do something	· defacing property or clothing · playing a dirty trick	· taking possessions (eg. lunch, clothing, toys)	· extortion	· threats of using coercion against family or friends	· coercion · threatening with a weapon